



## HELP SAVE BROADWAY STAR SHANNON AND OTHERS!

Eleven-year-old Shannon loves to sing and dance and even performed on Broadway in *The Lion King*. But right now her only dream is to grow up because she has leukemia and needs a bone marrow transplant.

"If I wasn't in this situation, if I would look at someone else and if I was old enough to actually get swabbed and donate my bone marrow, I would definitely go for it because I want to make a difference and help other kids. This battle is a tough one, but I'm going to get through it."  
- Shannon Tavarez

### BECOME A LIFESAVER!

#### BONE MARROW DONOR DRIVES:

Sunday, July 18, 2010  
10:00 AM – 4:00 PM

St. Malachy's - The Actors' Chapel  
Encore Senior Center (downstairs)  
239 W 49th St, New York, NY

Friday, July 23, 2010  
10:00 AM – 3:00 PM

Minskoff Theatre  
home of Disney's THE LION KING  
200 W 45th St, New York, NY

**Every dollar counts!**

MAKE A \$ DONATION \$ and select code: SST 001  
[www.dkmsamericas.org/dkms-donation-form](http://www.dkmsamericas.org/dkms-donation-form)

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WHERE LEUKEMIA MEETS ITS MATCH

# REGISTERING AS A BONE MARROW DONOR IS MORE THAN A CHEEK SWAB.

## IT IS A COMMITMENT TO HELP SAVE A LIFE.

### About DKMS

**The DKMS mission is to save lives by recruiting bone marrow donors for leukemia patients.**

More than 20,000 DKMS donors have helped save lives by donating their bone marrow. DKMS is the largest bone marrow donor center in the world with more than 2 million registered donors. DKMS Americas is a 501 (c)(3) non profit organization.

### Why YOU are so important as a bone marrow donor?

- Every **10** minutes blood cancer takes a life.
- Leukemia is the most common disease children and young adults in the U.S die of, and a bone marrow transplant may be their only chance for survival.
- Only **4** out of every **10** patients will receive the transplant that could save their lives.

### What is my commitment if I register?

#### You:

- Will also be listed on the Be The Match Registry® (operated by the NMDP) until your 61<sup>st</sup> birthday, unless you ask to be removed.
- Will consider donating to **any** searching patient who needs a bone marrow transplant.

### How do I become a bone marrow donor?

- You need to be between the ages of 18 and 55 years old and meet the eligibility requirements and understand your commitment.
- You need to complete a registration form.
- You need to swab your cheeks using a cotton-tipped swab to collect cheek cells which will identify your HLA tissue-type.

### What is the donation process like?

- If you are found to be a match, a DKMS representative will contact you.
- You will answer a health questionnaire, and if all is fine, you will go on for additional testing. (blood test and physical exam)
- If you are still the best suitable donor, you will go on to donate in **1** of **2** ways.

**1. Peripheral Blood Stem Cell (PBSC)** – This procedure, called apheresis, involves receiving a medication that increases the number of the donor's blood cells and then these cells are collected directly from the blood stream. Some donors have reported some bone or muscle achiness, but the side effects disappear shortly after the collection.

**2. Bone Marrow Extraction** - Marrow donation is a surgical procedure, usually outpatient. With this procedure, the cells are directly collected from the pelvic bone. Most patients report some soreness in the lower back for a few days after the donation, but nothing that should prevent you from your daily activities. (No Heavy Lifting/Strenuous Workout).

### Other Ways YOU can help

- **Every dollar counts!** DKMS needs your dollars to finance the \$65 registration cost.
- Make a **monetary contribution** at [www.dkmsamericas.org](http://www.dkmsamericas.org)
- Organize a bone marrow donor drive in your community, at your office or school
- Encourage eligible family members and friends to register with DKMS
- Join us on *MySpace* and *Facebook* and follow us on *Twitter*. Enter *DKMS Americas*.
- Help DKMS raise funds. Organize a fundraiser or go to *Firstgiving.com* and create your own DKMS Americas fundraising page